

*And purify your robes.
And shun uncleanness.*

(Quran, Ch. 74 *al-Muddaththir*, Verses; 4-5)

Cleanliness is half of faith

Prophet Mohammad (PBUH)

External purification is keeping the body pure. There must be internal purification also. That is obtained by virtues. Of course, inner purity is of greater value than external, but both are necessary.

(Swami Vivekananda)

Impressions



The efforts of Alhikmah Foundation towards moulding the thought process of people for adopting healthy living and striving for healthy deeds are commendable.

Former Union Minister

Shri Ghulam Nabi Azad

March 27, 2011



I am deeply impressed with the benevolent activities of Alhikmah Foundation in the fields of Health, Education, establishing peace, moral values and general welfare

Shri Maheish Girri

March 13, 2013

Member of Parliament (LS)

CLEANLINESS: A HUMAN VIRTUE



Cleanliness is a human virtue which makes human beings different from all other living beings. One can observe marked difference in the lives of people who lead a clean or filthy lifestyle. A clean way of life brings about untold changes in peoples' lives in terms of their getup, thinking as well as mannerism.

The importance of cleanliness, both external and internal is universally accepted. It is our collective duty to keep our environs clean to nurture a healthy society. Cleanliness is a multipronged strategy to keep the pollutants and contaminants at bay. Internal cleanliness manifests our external cleanliness but the reverse is not always true.

Islam lays great emphasis on both external and internal cleanliness. The Quran enjoins Muslims to forsake defilement of their body, soul and clothes in order to successful both in this world and in the Hereafter. Prophetic traditions make it abundantly clear that cleanliness is an Article of Faith and hence integral part of a Muslim's life. Prophet extols "Cleanliness forms half faith" and "Cleanliness is one the most important aspects of Faith".

Swami Vivekananda considers cleanliness as *Niyam* (discipline). "External purification is keeping the body pure. There must be *internal* purification also. That is obtained by virtues. Of course, inner purity is of greater value than external, but both are necessary". Christianity does also stress upon attainment of internal cleanliness. The teachings of Jesus Christ underline the importance of moral and spiritual cleanliness of human life in a three-fold path: in relation to oneself, in relation to others and in relation to God.

A clean mind and body symbolises sound moral values, honesty, straightforwardness, uprightness, transparency and clear thoughts, integrity and godliness. John Wesley famously remarked "cleanliness is next to godliness".

External cleanliness implies keeping the body free from dirt and dust, stain and spot and stink and stench.

Alhikmah Foundation urges all every fellow citizen to adopt a Chan lifestyle and contribute towards building a healthy society of positive thinking people.

Dr. Ziauddin Ahmad
Chairman

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CHAIRMAN CONGRATULATES ON 72ND INDEPENDENCE DAY



Alhikmah Foundation celebrated the 71nd Independence Day with traditional fervour and gaiety. The programme began with the Chairman unfurling the tricolour at the headquarters of the Foundation located at Street No. 08, Zakir Nagar. In his Independence Day speech the chairman congratulated the Alhikmah Family and the nation on the occasion of 72nd Independence Day. The Chairman paid rich tributes the freedom fighters who laid down their lives just to see the dear nation coming out of the shackles of foreign rule. He appealed to take a leaf out of our great leaders' book who unhesitantly sacrificed every bit of their possessions. He emphasized that following the footprints of our great leaders of yore it is our duty to defend and protect our nation come what may – even if we are required to make the supreme sacrifice we will smilingly perform that and never retract our steps. The Chairman, while highlighting the three important social evils of illiteracy, diseases and immoral practices called upon the citizens of this country to fight against them. The Chairman further urged the people to play a key role in the progress and development of the motherland.

Mr. Yusuf, Director of a prominent Capital based social organisation Haryali Centre for Rural Development, picked India out as the only nation of the world wherein a mosaic of religions exists. "India is the only nation which takes pride in religious diversity and grants equal rights to every citizen of the country undiscriminated". In his thought provoking address Mr. Yusuf pointed out some uncivil practices such as littering on the roads and other public places, indiscriminate horn honking, high speed biking etc.



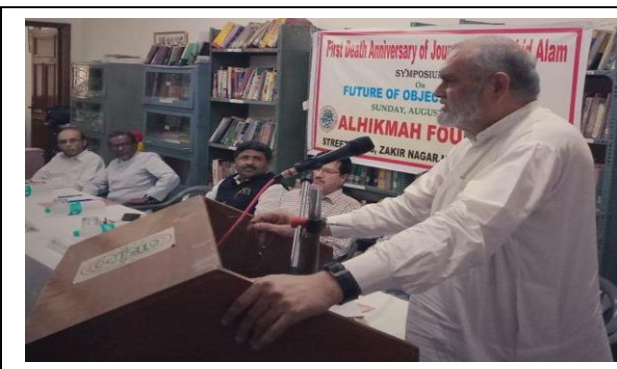
Mr. S. S. Ahmad recalled the great sacrifices made by his maternal grandfather Mr. Nabi Khan. He also presented a poem. Mr. Azam Khan, Mr. Salman, Mr. Qaisar, Mr. Jamal Mohammad Nabi and Finance Secretary of the Foundation Mr. Saquib Yaseen also presented their poetry Day. Dr. Saad Bin Zia conducted the programme. He stated that every religion of the world teaches humanity. "We must respect the religious diversity of our motherland and spread the message of love, compassion and brotherhood"

SYMPOSIUM ON LATE KHURSHID ALAM

Alhikmah Foundation organised a Symposium on “Future of Objective Media” on first death anniversary of journalist Khurshid Alam on August 05, 2018. He started his journalistic career from Urdu media but later shifted to Hindi press. In his welcome address Chairman of Alhikmah Foundation Dr. Ziauddin Ahmad Nadwi shed light on his relationship with late Khurshid Alam. He stated that every soul on this planet earth was destined to perish. “However, ostensibly Khurshid left a little early. Mr. Khurshid was a jolly and happy-go-lucky person. He left a deep impression on me”.



Chairman of Delhi Commission for Minorities said, “It is hard to believe that Khurshid is no more and not amongst us. He was a bilingual scribe who enjoyed remarkably equal ease in both Urdu and Hindi languages. He justified his profession with his objective writings”. The Founder Chief Editor of the fortnightly *Milli Gazette* termed Khurshid Alam as, “A courageous journalist who never shied away from exposing the corrupt”. General Secretary of All India Muslim Majlise Mushawarat Maulan Abdul Hameed Nomani said, “I boast of almost quarter a century relationship with Late Khurshid. In actual sense objective journalist is a non-existence entity. Business interests dominate today’s journalism”. According to former spokesperson of Jamiat Ulema Hind, “Late Khurshid presented his views in an as objectively as possible. But he was restless journalist. He was daring and enterprising journalist”. Highlighting Late Khurshid Alam’s journalistic qualities Maulana Nomani asserted, “Khurshid Alam was an uncompromising journalist and never budged under pressure. His writings matched his thoughts and actions”.



Chancellor of Shobhit University Dr. Kunwar Shekhar Vijendra said, “I know Late Khurshid for the past one decade. The one virtue of Khurshid that struck me was his utmost concern for education. Heeding to my advice he shifted his focus to educational issues”. Dr. Shekhar detailing the nature of his discussions with Khurshid Alam stated, “My discussions with Khurshid mostly revolved around objectivity in media and especially in Urdu media” Talking about objectivity in journalism Dr. Shekhar maintained, “Before we talk of objectivity we have to keep in mind the purpose and reason of the press. Which objectivity do we talk about? It is not just about objectivity *per se* rather it is to strike a balance between objectivity and views. Luckily, I found Khurshid Alam a balanced journalist.” Dr. Shekhar revealed that Late Khurshid Alam registered a newspaper but unfortunately could not live long enough to realise his dream”.

“The one virtue of Khurshid that struck me about Khurshid Alam was his utmost concern for education. Heeding to my advice he shifted his focus to educational issues. My discussions with Khurshid mostly revolved around objectivity in media and especially in Urdu media”.



In his presidential remarks, Chancellor of Maulan Azad National Urdu University, Mr. Firoz Bakht Ahmad congratulated Alhikmah Foundation for organising this symposium on Khurshid Alam. He disclosed that Late Khurshid Alam was his dear friend. “I would bump into Khurshid Alam anywhere in the PIB, Zakir Nagar Streets etc”. Mr. Bakht called Khurshid Alam a “beacon of objective journalism”. “He was an uncompromising journalist and upright person. He held a high grasp on Box item news”. Recalling an incident that reflect sharp observation qualities and journalistic inquisitiveness of Late Khurshid Alam Mr. Firoz divulged, “In the year 2009 Khurshid Alam called up me to tell me that the Class 9th Social Studies mentions that Maulana Azad was born in Uttar Pradesh. I shot a letter to the NCERT and also sent a legal notice stating that is was distortion of history about a cult figure and the man who had given the blueprint of Modern education to India. Objection was sustained and the reprint came out with the correction. This mistake was not noted by anyone but the sharp Alam.” Electro-Homeopathy expert Dr. Idrees Khan recalled Late Khurshid’s contribution in popularising Electro-homeopathy through his proactive journalism. Mr. Nadeem, younger brother of late Khurshid Alam was all praise for him. “He taught us the virtues of integrity and hard work. He always stood for justice and uprightness”. Late Khurshid Alam’s daughter Iram could not hold her emotions and broke down on the stage.

The driving force of the Symposium and dear friend of Late Khurshid Ahmad senior journalist Mr. Asif Umar Asif conducted the programme exceptionally well. Mr. S.S. Ahmad proposed the formal vote of thanks. The programmes witnessed a high turnout.



Senior Journalist Mr. Asif Umar conducting the Symposium of Future of Objective Journalism in Memory of Late Journalist Khurshid Alam on his first Death Anniversary on August 05, 2018

BSW STUDENTS OF IGNOU VISIT FOUNDATION

First year students of Bachelor of Social Work (BSW), of Indira Gandhi National Open University (IGNOU), New Delhi visited Alhikmah Foundation as part of their filed work project on Sunday July 22, 2018. Students arrived at the headquarters of the Foundation, Alhikmah Education Point, Zakir Nagar, Jamia Nagar, New Delhi at 02:30pm and spent more than three hours. This included a survey of the Alhikmah Library and a detailed interactive session with the Chairman of Alhikmah Foundation Dr. Ziauddin Nadwi and other office bearers. The rich collection of the Foundation's Library impressed the students immensely.

In the beginning Mr. S.S. Ahmad introduced the Foundation. He enlightened the students on the working as well as sphere of activities of the Foundation. "Over the past 28 years the Alhikmah Foundation is selflessly engaged in unequivocally serving the humanity with an unbiased and neutral approach. Our work caters to all sections of the society especially the downtrodden and the poor", informed he. "Our library-cum-reading facility is the centre of attraction for the students from a cross-section of the society", claimed he.



Students fired a volley of questions at the Chairman of Alhikmah Foundation Dr. Ziauddin Ahmad who offered a patient ear to them. They were curious to know about the inspiration/genesis, organizational structure, staff, funding, working philosophy, vision, mission, objectives and other such aspects of the Foundation. The Chairman quenched their thirst with a smiling face. He spoke to them for over an hour and apprised them of the multidimensional character of the Foundation.

Replying to a question, “What motivated you to start you to take a plunge in social service”? The Chairman related an inspiring anecdote. “Many many years ago I took my wife to hospital for some check up. Impressed and humbled by the cordial behaviour of the nursing staff I offered some gift to them. But to my utter surprise they politely refused to accept. When I insisted they responded that God Almighty will reward us in a far better way unimaginable”. Chairman continued, “This episode struck deep in my heart and I was left dumbfounded”. “So, I can say that this important stimulus that led me into social service”, the Chairman added.



As far as the funding is concerned the Chairman made it absolutely clear that the Foundation depends solely on public funding. “This fund is utilized for welfare activities such as scholarships to the poor students, educational kits, business startup assistance, marriage assistance to the poor etc.” Explaining the organizational structure the Chairman disclosed, “We do not employ any salaried staff and hence do not operate in any formal organizational structure”. He was all praise for the team of dedicated volunteers who ensure that they take time off from their hectic schedule to work for the Foundation. Describing the USP of the Foundation the Chairman stated, “The USP of the Foundation is that we do not talk about the rights rather we underline the importance of duties”. Elaborating further he remarked, “Essentially, right from our childhood we are taught to fight for and demand our rights while duties are overlooked completely. To me this mind-set relegates us to abysmally low level. We are reduced to a mere receivers only which is below the dignity of a human being. This majorly contributes to the development of pessimistic psychologically and hinders progress. All of the students returned satisfied and thanked the Chairman for showing a new way of life.

The names of the students are: Ms. Mubeena Khan, Ms. Lolita Verma, Mr. Rishabh Jain, Mr. Anisur Rahman, Mr. Sourabh, Mr. Noman Ali, Mr. Mahtab, Mr. Tith Lal Verma, Mr. Lokesh Saini, Ms. Aiysha Umar and Mr. Hemant Saini.

27th Annual Function & Seminar

Alhikmah Foundation is going to organize its 27th Annual Function & Seminar on, “**Youth Power and Social Reforms: Opportunities and Challenges**” at India Islamic Cultural Centre on Sunday, 28th October 2018 at 9:30am. You are requested to spare some of your valuable time to grace the same.

About the Seminar

Social reforms are aimed at making a gradual change, or change in certain aspects of society, rather than rapid or fundamental changes. Every succeeding generation brings with it reforms which give it a distinctive mark in history. Reform movements are spasmodic rather than continuous. Attempts to bring about social reforms may be as diverse as the individuals or groups who spearhead these movements. The primary objective of these reform movements is to rid the society of social evils – customs and traditions which adversely affect the members of a given society – and are often controversial in nature and problematic in terms of moral values.

Today, our country stands at an exceptionally critical crossroads: the 50s-60s generation religiously sticks to the age-old traditions and customs and is awkwardly uncomfortable with the changing norms of the society. While, on the other hand, the enlightened youth of the 21st century strives hard to break the shackles and heralds a new era of modern scientific thinking. This intersection of two diametrically opposite ideologies creates an interesting scenario. The youth of today is the harbinger of social reforms and scripts a new dawn of a healthy society bereft of social evils. Fortunately, the youth power – despite stiff resistance and brutal challenges from the older generation – successfully outmaneuvers the dogmatic and regressive mindset.

It is in this context that the Alhikmah Foundation organizes a National Seminar on **Youth Power and Social Reforms: Opportunities and Challenges**. The Seminar is just not limited to academic discussion rather it seeks to evolve an action oriented approach to bring about positive social reforms by striking hard against the inhumane practices.

Swachch Bharat Mission at a Glance

- Construction of individual, cluster and community toilets.
- To eliminate or reduce open defecation (one of the main causes of deaths of thousands of children each year).
- The *Swachch Bharat* Mission will also make an initiative of establishing an accountable mechanism of monitoring latrine use.
- Public awareness will also emphasize the drawbacks of open defecation and promotion of latrine use.
- Proper dedicated ground staff will be recruited to bring about behavioural change and promotion of latrine use.
- For proper sanitation use, the Mission will aim at changing people's attitudes, mindsets and behaviours.
- To keep villages clean.
- Solid and liquid waste management through *gram panchayats*.
- To lay water pipelines in all villages and ensuring water supply to all households by 2019.

APPEAL

Being a totally charitable organization, Alhikmah Foundation solely depends on public funding.

Kind-hearted and generous citizens like YOU are requested to join hands with Alhikmah Foundation in an endeavour to promote Education, Health, Livelihood, Ethics & Peace and make the world a better place to live in.

Donations to Alhikmah Foundation are exempted from Income Tax u/s 80-G of IT Act.

ALHIKMAH

Means

WISDOM

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