



ALHIKMAH FOUNDATION

(A Society for Promotion of Health,
Education and General Welfare)

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Quarterly Newsletter

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Education * Health * Livelihood * Ethics & Peace * General Welfare

O You who believe! Observing As-Saum (the fast) is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqin (the pious).

[Qur'an: Surah Al-Baqarah V-183]

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From Chairman Desk

Fasting - A Device for Divine Connection

One of the most revered Islamic months – Ramadhanul Mubarak – has already commenced with full glory and splendour. As conscientious citizens it is our duty to make optimum utilization of this Holy month. The month of Ramadhan demands a lot more than a refrain from eating and drinking. In fact, it warrants a special treatment that mandates that we should desist from unruly behaviour and corrupt and immoral practices that will ultimately lead to a closer connection between the Creator and the creature. The obligation of Fasting in the month of Ramadhan is not new to the followers of the Last Prophet Mohammad (STW) rather the Holy Quran suggests that Fasting was an obligation for the earlier nations as well. And the reason for prescribing Fasting, the Noble Quran, claims is that we may become pious.

The significance of the month of the Ramadhan lies in the fact that God has sent down the most perfect code of conduct and guide-book, not only for the Muslims, but for the entire humanity and for all times to come. This exalted book is none other than the Noble Quran which contains golden guiding principles that help us realize success in this world and the Hereafter. This Divine Constitution includes guidelines for every walk of life. If we were to fully adopt these golden tenets, in letter and spirit, then, for sure, we will inherit the best of the both worlds. This Book of God is replete with solutions to individual problems as well as social issues.

Ramadhan forbids even lawful eating, drinking and sexual intercourse for a particular period of the day i.e. from dawn to dusk. No matter how wealthy you are, regardless of how affluent you are, notwithstanding you boast of a noble lineage, but against the Divine Orders you take your hats off and do not indulge in any such act that may invite the wrath and rage of the Lord. Another significance of the fasting is that every human being, especially the well-offs, must appreciate the sufferings of and hardships faced by the less fortunate fellows and spend generously to eliminate their adversity. This will also make them realise that there is share of the poor and downtrodden in their wealth. Such a virtuous and righteous order will certainly pave the way for a just and equitable social system. Actually, this one month serves as training period, for the organization of the self for the entire year.

Dr. Ziauddin Ahmad

NASA Space Scientist Dr. Rank Nazeer Ahmed Visits Foundation

A renowned NASA scientist Dr. Nazeer Ahmad was in Delhi a few days ago. To felicitate his visit to India, Alhikmah Foundation organized a function on 23rd June 2013 at Alhikmah Education Point, Zakir Nagar, New Delhi where eminent people from academia were present along with students and concerned citizens.

After the opening remarks by Dr. Ziauddin Ahmad, Chairman of Alhikmah Foundation, Dr. Nazeer Ahmad addressed the gathering, sharing his views on the vital issue of educational needs of developing countries. The title of his talk was 'Bridging the Education Gap' in which he focused the glaring differences between the educational modules in western societies and in India. He compared and contrasted the education systems of the developed and the developing world with special emphasis on India. He highlighted that western education system is more liberal and flexible and provides more opportunities for creative, intellectual as well as overall development of individual's personality. A student can switch his stream at any stage of studies. Dr. Nazeer pointed out that the lacunas make studies a very cumbersome exercise which invariably leads to students losing interest in the studies.

Dr. Rank Nazeer informed that he had developed a unique and simple solution to these educational impediments.



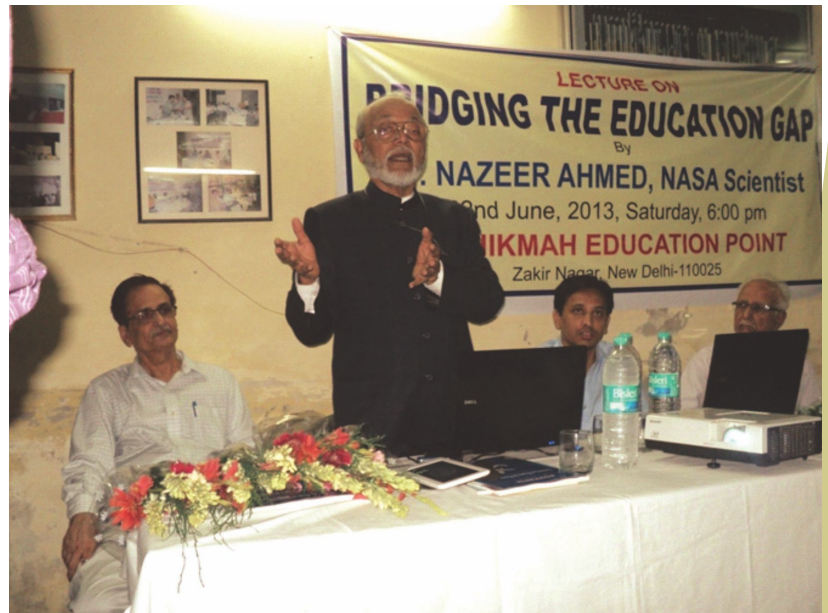
RankStudent.com Solution is a web based computer application that integrates teaching/coaching/training options for colleges and students. This application is accessible over the Tablet or the Desktop PC adding that RankStudent.com Solution is an open, standardized edtech platform that helps in raising the quality of education and brings it at par with the best in the world. Explaining the various features of this application Dr. Nazeer informed that it is very easy to use and can be installed even in the far flung and remote areas and does not require heavy infrastructure. Presently, various schools and educational institutions located at Moradabad (UP), Bidar (Karnataka), Bijapur (Karnataka), Belgaum (Karnataka), Tumkur (Karnataka) and Bangalore were using his 'RankStudent.com Solution'. Besides several other educational institutions from different parts of the country were approaching him *RankStudent.com Solution*.



Introducing Dr. Nazeer Ahmad to the audience Dr. Ziauddin Ahmad, Chairman of the Foundation said that people like Dr. Rank Nazeer are a role model for us. A person hailing from a humble background rose to such significant position commanding high respect in the international scientific community through his hard work and dedication. It is a matter of great pride and honour not only for the nation but also for the Muslims of India. He added that although Dr. Nazeer has been living

in the United States for almost half a century he has not lost touch with the people of his motherland. He is connected with the grassroots and is ever keen to help them sort their educational problems. RankStudent.com Solution stands testimony to his efforts. Another important facet of Dr. Nazeer's multi-faceted personality is that he is a religious person. Although it is generally observed that scientists often reject religion and turn atheists. But Dr. Nazeer does not fall into this category. He is a firm believer, God-fearing and pious person. His translation of the Holy Quran into simple American English is a major proof of his devotion and attachment with the Islam.

The programme was presided over by Dr. Nafees Siddiqui, former principal, Shaheed Bhagat Singh College, (DU). Mr. Jameel Murtaza, former Metropolitan Magistrate, Government of NCT of Delhi and Mr. Haseeb Ahmad, former Joint Secretary, Government of India, were the Guests of Honour on the occasion. The programme was conducted by Dr. Shakeel Ahmad Habibi. Mr. Syed Shuaib Ahmad offered the vote of thanks.



Foundation Felicitates Prof. Waseem Bareilvy and Dr. Athar Farooqui

The Alhikmah Foundation organized a Felicitation programme on April 15th, 2013 to felicitate renowned Urdu Poet Prof. Waseem Bareilvy on being awarded with 'Yash Bharti Award' by the Uttar Pradesh Government and Dr. Athar Farooqui on being appointed as Secretary, Anjuman Taraqqi-e-Urdu, New Delhi. They were presented a shawl and a memento by the Chairman of the Foundation. Speaking on the occasion Prof. Waseem Bareilvy lauded the distinguish services of the Alhikmah Foundation in the fields of health, education and peace.



According to Prof. Bareilvy, women hold the key to a peaceful society because mothers are responsible for moulding the tender minds of the children. Hence, it is utmost essential to tap and persuade them to teach virtue of secularism to their children because in the Indian context secularism is the main driving force of peace. Only a secular India is capable of thwarting off the monster of communalism which is the major threat to development.

Dr. Athar Farooqui, Secretary, Anjuman-e-Taraqqi-e-Urdu appreciated the services of the Foundation. He said that the Foundation is doing commendable job in the fields of health, education, moral values, peace and general welfare. Dr. Farooqui assured all the possible

cooperation from Anjuman-e-Taraqqi Urdu to the Foundation in its noble cause. Dr. Farooqui called upon appealed National Council for Promotion of Urdu Language (NCPUL) to make efforts to introduce Urdu language in Central Government's schools.



Welcoming the guests Chairman of Alhikmah Foundation Dr. Ziauddin Ahmad stated that Foundation is mainly working in the field of Health, Education, Peace, moral values and general welfare for the past 22 years. Shedding light on the mosaic of Foundation's activities Dr. Zia informed that at present the Foundation runs more than 12 Charitable Health Centres in Delhi and other states. The Foundation operates a public library, Information centre and regularly



organizes lecture programmes, seminars, conferences and corner meetings on vibrant themes. The foundation is also organises coaching for B. Ed., Basics, ETE etc.

In his presidential address Prof. Khalid Mehmood, former chairman,

Department of Urdu, Jamia Millia Islamia said that he completely agrees with the views of Chairman of Alhikmah Foundation Dr. Ziauddin Ahmad that government alone cannot resolve our issues. It is a great folly to blame the government only for our failures. In my opinion



we ourselves must realize our responsibility and take lead to eliminate our woes.



The Foundation also presented mementos to Prof. Khalid Mehmood and Mrs. Salma Shaheen.

On this occasion the second issue of the Foundation's Newsletter was released by Prof. Waseem Bareilvy. The programme was organized by the renowned Urdu Poet Mr. Fasih Akmal Qadri. The Joint Secretary of the Foundation Mr. Syed Shuaib Ahmad conducted the programme and proposed the vote of thanks.

Polio Camps

In a gesture of commitment to the eradication of Polio from the country offered two of its Charitable Health Clinics located at Jahanpanah Colony, Malviya Nagar and Dakshinapuri in national capital for the government's pulse polio campaign on June 16, 2013. Dr. S.M. Khan and Dr. U.D. Tripathi and Dr. Razi the respective physician Inchagres of the clinics were present throughout the day to supervise the pulse polio campaign. A total of more than 300 children below and upto the age of five of the nearby

localities were administered polio drops.

The doctors spread the awareness about the polio and highlighted the serious health issues arising out due to non-administration of polio drops to the children. Mr. Saqib Yasin, Finance Secretary and Mr. Syed Shuaib Ahmad, Joint Secretary of the Foundation were also present and appealed the people to remain vigilant towards their children's health and regularly administer polio drops to their children.



World Anti Tobacco Day Observed By the Foundation

The Alhikmah Foundation observed the World Anti-Tobacco Day on May 31st, 2013. On this occasion a meeting of the members of the Foundation and the concerned citizens was called at the Foundation's headquarters Alhikmah Education Point, Zakir Nagar, New Delhi. Addressing the meeting, the Founder Chairman of the Foundation Dr. Ziauddin Ahmad asserted that he failed to find any logical reason behind people taking up smoking. It is a matter of grave concern that the people gladly spend huge amount from their hard-earned on purchasing tobacco and tobacco products and throw an open invitation to life-threatening diseases. Citing from WHO he said that approximately one person dies every six seconds due to tobacco and this accounts for one in 10 adult deaths. He called upon the masses and especially the youths to say good-bye, once for all, to tobacco and tobacco products. Dr. Zia was of the view that it is worthless to blame only the government for promoting tobacco rather we

ourselves come forward to call it quits. It is the duty of each one of us to spearhead the campaign for eradication of tobacco use.

Dr. Zia called upon the voluntary sector and the NGOs to focus their attention on this serious issue and educate the masses on the harmful physical, economical and social effects of substance abuse. Referring to a Hadith (Saying) of Prophet Mohammad (Peace be Upon Him) Dr. Zia emphasized that the Prophet Mohammad (Peace be Upon Him) has directed the Muslims to refrain from the narcotics. Dr. Zia reminded that we are role-models for the younger generation. Therefore, it is imperative on us not to indulge in any hazardous practice because children imitate us. And if they take to tobacco and tobacco products the blame would squarely lie on us. On this occasion a resolution was passed by the Foundation asking the government to frame stringent laws to discourage smoking and liquor consumption.

Alhikmah Coaching for B. Ed., ETE, Basics and Nursery successfully completed



The Alhikmah Foundation which had organized a specialized coaching for B. Ed., Basics, ETE and Nursery w.e.f. 2nd April 2013 at the Alhikmah Education Point at Zakir Nagar, New Delhi was successfully completed on 22nd June 2013. The coaching was held under the stewardship of Dr. Shakeel Ahmad, Habibi who is also the Coordinator, Education Committee of the Foundation After the completion of the coaching, the mood of the students was upbeat and they were confident to perform better in their tests in various universities and institutions.

The Foundation is regularly organizing this coaching since 1999 for the benefit of students preparing for B. Ed., Basics, ETE etc.

Alhikmah Foundation Participates in MILAP's Seminar

Minorities Initiative for Learning and Partnership (MILAP) a Delhi-based civil society organization working in the fields of education and minority empowerment and partnership, organized a seminar on 'Interfaith Dialogue: Need and Importance', on 9th June 2013 at New Delhi. Religious and spiritual leaders representing Christianity, Judaism, Hinduism and Islam addressed the participants on the need to promote dialogue amongst religions and how each religion treats the issue, besides enunciating various means to engage with other communities or religions.

Swami Nikhalanands Saraswati of Chinmaya Mission, Rabbi Isaac Malekar of Delhi



Synagogue, Father MD Thomas of the Commission for Religious Harmony and Maulana Iqbal Mulla of Jamaat-e Islami Hind addressed the participants and dwelled on how the issue of inter-religious activities is perceived in respective religions. Padma Shri Prof Akhtarul Wasey, Director, Zakir Husain Institute of Islamic Studies presided the seminar and stressed the need for all religions to come together and share



common beliefs and attitudes in each religion towards the other faiths.

On the occasion Maulana Asrarul Haq Qasmi, MP also released the book 'Interfaith Dialogue: An Indian Perspective' edited by Asad Mirza and Maulana Waris Mazhari, published by MILAP, which has earlier also published Asad Mirza's 'The Abrahamic Religions' a book which brings



out the commonalities between the three Abrahamic Religions i.e. Judaism, Christianity and Islam.

Dr. Ziauddin Ahmad Nadwi, Founder Chairman, Mr. Saqib Yasin, Treasurer and Mr. S. S. Ahmad, Joint Secretary of the Alhikmah Foundation also participated in the event.

Help Our Distressed Brothers and Sisters in Uttrakhand

A meeting of the members of the Alhikmah Foundation was called to extend all possible help to the victims of the natural calamity in Uttrakhand. Addressing the members of the Foundation the Chairman Dr. Ziauddin A. Nadvi contended that the catastrophe that struck Uttrakhand claimed large number of lives. Everything is washed away in the unprecedented floods. The nature's fury took away everything.

A handful of the lucky survivors still carry a feeble hope to be rejoined with their near and dear ones. Those who are alive are trapped in different places of Uttrakhand. They suffer from various problems. They are in desperate need of

clean drinking water, food, medicines and clothes.

Referring to the Hadith (Saying) of the Prophet Mohammad (Peace be Upon Him) 'The Whole Creation is the Family of Allah. He Loves More Those Who Serve it More' appealed to members of the Alhikmah Foundation in particular and Indian Community in general to rise above all the divisions and come forward and donate generously in the Prime Minister Relief Fund and Uttrakhand Relief Fund. He also asked the members of the Foundation to meet the pilgrims who have returned from Uttrakhand to share their grief and needs.

Alhikmah's Free Health-check up Camps

The Foundation's Charitable Health Care Centre located at Dakshinpuri, Ambedkar Nagar, New Delhi organized two free Health Camps on April 21st, 2013 and May 19th 2013. The first Health Camp was on Diabetes in coordination with Hopkins Laboratories who provided free blood checkups of the people. On this occasion Dr. S. M. Khan and Dr. U. D. Tripathi briefed the people to how to make certain changes in their life style and save them from this dangerous

disease. More than 100 people turned up and availed the facility.

The second Free Eye Check up Camp was organized at the same venue with the help of Dr. Gupta, eminent Ophthalmologist on May 19th, 2013. In this camp more than 222 people were examined. Five patients were found suffering from cataract so they were referred to Kishwana Hospital and were operated free of cost.

APPEAL

Donations to the Alhikmah Foundation are Exempted from Income Tax u/s 80-G of IT Act

Kind-hearted and liberal citizens like YOU are requested to join hands with Alhikmah Foundation in its bid to promote Health, Education, Peace, Welfare and Cooperation and make the world a better place to live, especially for our less fortunate fellow beings.

To,

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