



**ALHIKMAH FOUNDATION**

(A Society for Promotion of Health,  
Education and General Welfare)

Volume 1 Issue 1

# Quarterly Newsletter

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Education \* Health \* Livelihood \* Ethics & Peace \* General Welfare

Indeed, Allah orders justice and good conduct and giving to relatives and forbids immorality and bad conduct and oppression. He admonishes you that perhaps you will be reminded.

(Al-Quran Chapter 16, Verse 90)

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## Chairman's Word

*No doubt during the past two decades our country witnessed economic boom, yet there prevails an underlying sense of anxiety in the social context. Ostensibly, by all benchmarks, the current era is assumed to be advantageous times. There are signs of development and growth all around. GDP is growing and income levels are on rise. It doesn't take years of savings to buy a refrigerator, a TV, a washing machine etc. However, strangely enough, despite all of this material gains the bizarre reality of our times is that everybody seems highly tensed. Right from school-going children to corporate executives and from government servants to businessmen to housewives, everyone has a cause or two to worry about. Nobody is in a perfect order of happiness.*

*Unfortunately, peace and development have been viewed as two separate and unrelated dimensions. More importantly, peace has several ingredients. It is utmost important to give equal attention to all aspects so as to achieve perfect peace. The perfect peace realized thus would be a sure-shot formula to attaining ideal development.*

*Therefore, peace and only peace holds the centre-stage in the process of national development. But genuine peace can be achieved only when there is a fair and judicious redressal of such pertinent predicaments that bother all of us today as education, health, livelihood and moral/ethical values, which in turn, leads to national development in the true sense of the word. No real development can take place without real peace.*

*As sentient members of the civil society it is our duty to ponder over this very awfully disturbing situation and discover the reasons thereof. There is no denying the fact that the Nature has endowed us with enough resources to keep us going. All that is required is introspection and revision of strategies, emphasizing creativity and human concerns instead of headless exploitation.*

**Dr. Ziauddin Ahmad Nadvi**

## ALHIKMAH FOUNDATION: AN INTRODUCTION

ALHIKMAH in Arabic means "The Wisdom". Keeping in mind the multitude of meanings the word carries, a cluster of like-minded, well-meaning and responsible citizens with an urge and desire to bring about positive social change formed a society in 1990 by the name of **ALHIKMAH FOUNDATION**. The Foundation was registered in the year 1997 under the Societies Registration Act XXI of 1860. As per the definition of health given by World Health Organisation (WHO), "It (health) does not mean merely the absence of physical or mental illness rather it is a state of complete social wellbeing". The Alhikmah Foundation has completely adopted this definition as its working principle in the field of healthcare and is continuously striving to create a healthy society.

For Alhikmah Foundation, to serve the whole mankind irrespective of caste, creed, colour or religion, is an ineffable experience. In its crusade against poor healthcare facilities and illiteracy the Foundation contributes its bit by establishing Charitable Dispensaries, Poly clinics, libraries and relief centres for the poor and the destitute. The working philosophy of Alhikmah Foundation rests on five fundamental principal pillars namely: Education, Health, Livelihood, Ethics & Peace, and Social Responsibility Paradigm for General Welfare.

A glance over **multifarious activities of Alhikmah Foundation** given below reflects this philosophy:

**Education:** Currently, the Alhikmah Foundation is engaged in a range of educational activities. The special focus is laid particularly on the educational have-nots to bring them at par with educational haves. It runs a Library. The

Alhikmah's 'Education Point' located at 161/1, Sir Syed Avenue, Jogabai, New Delhi is a boon for students coming from far off areas of UP, Bihar and other parts of country. Presently the library has a stock of more than **FOUR** thousand books on a variety of subjects. Initially, the library was started with financial support of the members of the Foundation in the form of membership fee and donations. However, for the past Five years the Government of NCT of Delhi has recognized it as Public Library and has been granting a sum of Rupee 40,000/= per year to meet the expenditure on books and magazines only. The library is running in a private rented building. For over a decade now, the Foundation has also been organizing Coaching for the candidates appearing in the entrance examinations of B. Ed., Basic and ETE. Around 60 percent candidates attending the Coaching



Classes get admission in Jamia Millia Islamia, Delhi University, Indraprastha University and AMU, Aligarh (U.P.) Approximately 90 percent of students admitted in the Coaching Classes are Girls. The students belonging to underprivileged section of the society are given preference in admission in the Coaching Centre.

The Alhikmah Foundation achieves its objectives in the field of education through following activities: this goal the

- Supporting meritorious but needy students
- Running Library-cum-Reading room facilities
- Coaching for various courses and entrance exams.
- Remedial and Spoken English Classes
- Running registered schools
- Research and Compilation work
- Seminars/Lectures on social themes
- Career Guidance and Counselling

**Research and Compilation Program:** Under this program, the Alhikmah Foundation released the book, **Quran Ka Paigham-i-Amn**, discussing the Quranic Verses related to peace, on the occasion of its 21st Annual Function-cum-Seminar held on December 8, 2011, New Delhi. Earlier another book on **“Knowledge”** was released by it in 2007 on the occasion its Annual Function. Compilation of two books comprising the sayings of Prophet Mohammad (P.B.U.H.) on the same topic is in pipeline.

**Health Services:** Alhikmah Foundation wholeheartedly endorses the definition of health given by World Health Organization (WHO): “It (health) does not mean merely the absence of physical or mental illness rather it is a state of complete social wellbeing”. The Foundation is continuously striving to create a healthy society. Some of the major activities of the Foundation in the field of healthcare include:

- Organizing free medical camps
- Polio and Hepatitis B vaccination, and free health camps
- Establishing and running Charitable Health-centers

The Alhikmah launched the campaign to establish a chain of Charitable Health-Centers (CHC) in 1990. Starting with a Poly Clinic in **Ambedkar Nagar**, South Delhi, Alhikmah Foundation now runs five more clinics in Hauz Rani, Jamia Nagar, and Trans-Yamuna. It also runs a number of CHCs in coordination with other organizations e.g. SEWA and Al-Shifa in Unnao and Royal Children Academy in Bijnore, and philanthropist physicians e.g. in Allahabad and Bhopal.

The Alhikmah Foundation also organizes Free Health Camps periodically for the benefit of people, especially the downtrodden lot. These camps offer a few free of cost pathological tests too.

**Livelihood:** A decent source of income is a

fundamental ingredient of human survival in the absence of which the society is rendered vulnerable to various crimes and anti-social activities. The Alhikmah Foundation is not just about providing personal jobs but also exerts for creating employment opportunities and self-employment. The activities of the Foundation in this area include:

- Placement Guidance & Assistance and
- Support for self-employment opportunities.

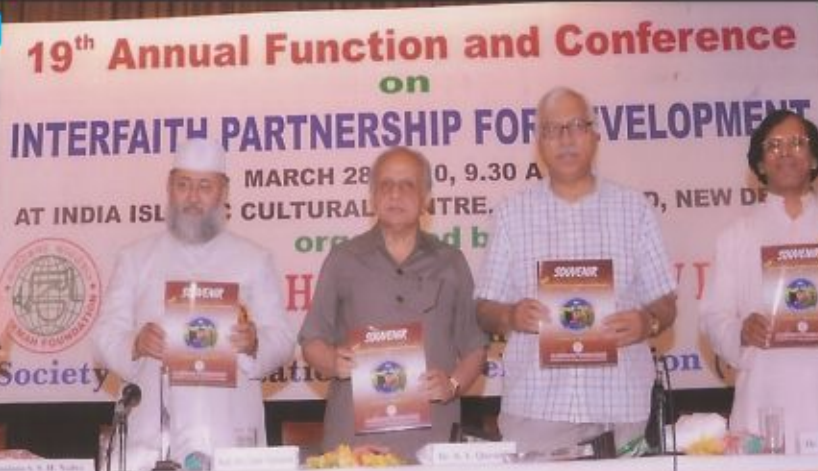


**Ethics & Values:** The Alhikmah Foundation considers abiding by the fundamental ethics and values as a necessary requirement for fashioning a healthy society. In fact a society devoid of any core values and ethics reflects the moral bankruptcy of that society. The

Foundation is fully convinced that a society that does not acknowledge the basic ethics and values such as respect for seniors, affection for juniors etc. stands in no good stead for humanity as a whole. Therefore, it is utmost necessary to inculcate virtues and shun vices. To this end, the Foundation is busy in various kinds of exercises that help promote virtues and smother vices.

**Social Responsibility Paradigm:** The Alhikmah Foundation is promoting one of the most profound philosophies of our time: share with others whatever you can. This sharing can be of only simple ideas. It may take the form of material or monetary sharing. If you are running a business you can employ a person (s) or find a job for someone. This is the most fascinating part of social life. By arousing this sense of responsibility the Alhikmah Foundation essentially takes a step forward towards social wellbeing.

**Annual Function and National Seminars:** As a part of Annual Day Celebrations the Alhikmah Foundation has been organizing thematic Seminars. The Foundation also organizes conferences, seminars and talks or lectures on the issues of social and educational significance.



## *Alhikmah Foundation Celebrates 22<sup>nd</sup> Annual Function*

The Alhikmah Foundation opens its 22nd Annual Function and the National Seminar on 17th of February, 2013, at 9:30 a.m. on theme of **Quest for Peace and Prosperity**. Mr. Safdar Husain Khan, chairman, Delhi Minority Commission, shall preside over the Annual Function.

Dr. Narendra Jadhav, member, Planning Commission and National Advisory Council, Government of India is the chief guest and Mr. Tariq Anwar, Hon'ble Minister of State for Agriculture & Food Processing Industries will grace the occasion. Mr. I. Shervani, Ex-Union Minister, Mr. Zuhair bin Sagheer, IAS, special secretary to the hon'ble CM of UP, Mr. Mohammad Yousuf Habeeb, president, Muslim Majlis, UP, and Mr. Shams Tahir Khan, editor (Crime Bureau), TV Today Network, are guests of honor.

“The main purpose of this celebration is to refresh our members' commitment to the objectives of the Alhikmah Foundation and to mobilize people to support our movement for organizing a healthy society”, said Dr. Ziauddin Ahmad Nadvi, the chairman of the Foundation. He told that respected scholars and intellectuals shall discuss various ingredients necessary for maintaining the pace of development without falling into any trap thwarting the peaceful atmosphere of our society.

“Our Guest speakers include such eminent

scholars and social leaders like the respected Syed Sharafat Ali Nadvi, faculty, Tajul Masajid, Bhopal, Prof. A. D. N. Bajpai, VC, Himachal Pradesh University, Shimla, Mohammad Farooq Khan, an Islamic scholar and Hindi translator of the Holy Qur'an”, said the chairman.

He emphasized that the speakers of the National Seminar shall address issues of maintaining and establishing peace from diverse angles. Among them, he named Mr. Zuhair bin Sagheer (on 'Administration's Role'), Mr. Mohammad Yousuf Habeeb (on 'Political Leadership's Role'), Mr. Shams Tahir Khan (on 'Media's Role'), Prof. A. D. N. Bajpai (on 'the Role of Moral Values'), Syed Sharafat Ali Nadvi (on 'Islamic Way of Establishing Peace'), and Mohammad Farooq Khan (on 'Ways of Establishing Peace in Indian Society').

Under its research and compilation program, The Alhikmah Foundation has just finished its work on a book comprising seminal papers read/written during last seven years. The book shall be soon released in a public ceremony.

A prize distribution ceremony is to be held at the end of the seminar as a part of the Alhikmah Foundation's tradition to encourage rising talents. The Foundation also awards felicitations, stipends/ scholarships and rehabilitation assistance to deserving candidates on the occasion of its annual function.

## ***Alhikmah's Coaching Shines in Entrance Results***

Of 70 students who joined the 'Alhikmah Foundation's Coaching Center, 'Education Point', for entrance to B. Ed., Basic, ETE and DIET', 22 students succeeded in getting admitted to Jamia Millia Islamia, Indraprastha University, AMU and other institutions for academic session 2012-13. The 'Education Point' has been successfully organizing these coaching classes for more than 15 years.

Every year, more or less than 70 students join the Alhikmah Coaching Classes for intensive training for a period of 3 months duration at the Alhikmah's 'Education Point'. Their success rate has been around 60 percent since 1997

when the Alhikmah Coaching was organized for the first time. Coaching for B. Ed. has gained popularity among the students seeking admission. The 'Education Point' has been able to win the trust and confidence of students even from far flung areas of Delhi like Najafgarh, Pitampura, Rohni, Trans Yamuna, and Old Delhi,



Students at Study Point



A Day of Brisk activity

Besides this regular educational development program, the Alhikmah Foundation has also been organizing English Language Coaching Classes for the students desirous of improving their lingual proficiency and communication skills. The Foundation is also planning to start Remedial Coaching Classes in different subjects for school drop outs and poor students, especially those coming from minorities.

## ***New Book from Alhikmah Foundation Released***

The Alhikmah Foundation released a new book, "Qur'an ka Shanti Sandesh", on October 2012. Welcoming the new publication, Dr. Shyam Sundar Singh Chauhan, associate professor and head of department, Govt. P.G. College, Agra, commented, "At such a time when some people are busy under their premeditated strategies to show that Islam, the religion that communicates the message of peace, goodwill and brotherhood to entire global society, is responsible for present global unrest, the book compiled and published by Alhikmah Foundation, New Delhi is like a cold breeze."

This meaningful attempt has been made in this book, with reference to the verses quoted from the Holy Qur'an, that actually Islam is such a

religion that does not inspire anyone to become a terrorist or a violent person. Instead, it provides energy to every believer to be a virtuous, humble and helpful citizen.

The book begins with the prayer: "O Allah! Indeed, only Thou art the Source of peace and tranquility..." First chapter of the book dwells on the import of 'Amn' and 'Amnah' and the second chapter on 'salaam'. 'silm', 'Islam', 'subhaniyyah' and 'sakeenah'--- all used under broad meanings of peace. Third chapter underlines the importance of peace. Fourth chapter describes the measures



necessary for establishing peace and the hurdles in its path are given next. Last chapter is addressed to a peaceful society.

## MARCHING AHEAD



Another well-wisher. Mr. M. M. Goel, communicated to us: "A close reading with rapt attention of the Hindi version of the bilingual Urdu book of 190 pages developed in six chapters, removes many misconceptions... about Islam as a religion based on the Qur'an.... The bilingual nature of the book is the unique feature which is its beauty for strengthening the Hindu-Muslim relationship."

The Foundation is now bringing out its next book on "Peace & Development" comprising selected articles from the series of seminars held during last seven years. The release of the book is expected around Foundation's Annual Function on 17th of February 2013. In addition, the Foundation shall also publish a Souvenir containing useful articles contributed by established scholars and well reputed writers on the occasion of the Annual Function.

### **Alhikmah Signs MOU with NCAER**

The Alhikmah Foundation has signed a Memorandum of Understanding (MoU) with National Council of Applied Economic Research (NCAER), Government of India, New Delhi. The Alhikmah Foundation has retained this consultancy service since 2007. The Foundation has been conducting quarterly Economic Surveys regarding "Business Expectations" to assess the status of Manufacturing as well as Service providing units as per requirements of NCAER. In each survey, usually 160 trading and industrial units of Delhi are targeted for thorough assessment.

NCAER authorities appreciate and recognize the expertise of the Foundation in collecting and processing the useful information. The Foundation also takes up data collection work for socio-economic organizations associated with the Central and Delhi State governments and conducts the survey through

its volunteers. Such surveys are generally related to general health facilities and educational development in the NCT of Delhi.

### **Workshop for Hajis' Training Opened in Alhikmah Library**

Welcoming a group of Hajj pilgrims at Hajj Training Workshop 2012 organized in Alhikmah Library on 14th of October 2012, the Chairman of Alhikmah Foundation, Dr. Ziauddin Ahmad said, "Hajj is identified with total surrender in the court of Allah and every Haji should present himself there as a powerless subject. Hazrat Ibraaheem, to whom the history of Hajj is related, spent his entire life in highlighting Allah's name". The workshop was organized in coordination with M/S Bright trading and Tour. The workshop commenced its business with recitation of the Glorious Qur'an by Hafiz Imraan Ahmad.

The workshop was opened to train about 70 Hajis in etiquettes and methodology of Hajj under the supervision of Maulana Arshad Sirajuddin Makki, a well-known social worker and Hajj operator, who dwelt on spiritual aspects of Hajj.

Congratulating the participants, the managing partner of M/S Bright trading and Tour, Mr. Syed Mujib Ahsan Rizvi said, "Troubles do come during Hajj pilgrimage but one should not get overwhelmed by them as every Haji enjoys Allah's security." He shed light on administrative aspects of the Hajj.

### **Charitable Heart Check-up Camp in Shaheen Bagh**

Addressing the audience gathered on the occasion of inauguration of a charitable heart check-up camp in Shaheen Bagh, Okhla, the chairman of Alhikmah Foundation, Dr. Ziauddin Ahmad Nadwi divulged, "The only purpose of running such medical camps is to provide free medical services of heart check-up to poor and have-nots of the area".

The camp was opened with the joint cooperation of Alhikmah Foundation and Metro Hospital, Lajpat Nagar, and conducted under the auspices of Zuhra Charitable Health Center, Shaheen Bagh, an associate of the Foundation. The Alhikmah Foundation is planning to open such camps at regular intervals in order to create health Shaheen Bagh Heart Check-up Camp awareness among the masses.

Near about 125 patients availed the free services of medical advice, medical check-up and tests by a team of physicians including nursing staff, namely, Ms. Aqeela, Ms. Nisha, Ms. Terry and Mr. Ganesh Kumar under the supervision of Dr. Sameer and Dr. K. P. Parashar.. Hand bills on health awareness and precautionary health measures were also distributed on this occasion. Mr. Saqib Yaasin, Dr. S. M. Khan, Syed Shoeb Ahmad, Dr. Shakeel Ahmad Habibi and other distinguished citizens from the area present on the occasion appreciated the initiative taken by the Foundation.

Another free heart check-up camp was also organized at Zuha Charitable Center in F Block, Shaheen Bagh, under the supervision of Dr. Swavev Verma and Dr. B. K. Prasad where more than 25 patients availed the facilities.

### **Alikmah Library Gets Grant-in-Aid from Government of NCT of Delhi**

Art & Culture Department of Government of NCT of Delhi has informed that Grant-in-Aid for Alhikmah Library shall be continued this year too. The Foundation has been continuously receiving this grant since the financial year 2005-06. The grant is utilized for the promotion of Alhikmah's Library, located at Sir Syed Avenue, Jogabai, Jamia Nagar, New Delhi, which has proved a boon for students studying at the Foundations' 'Education Point'.

The basic idea of establishing this library was to provide a reading space equipped with relevant books, journals, magazines and news papers to the students preparing for various competitive examinations related to government employment or admissions in good professional courses. Other information seekers from adjoining areas also benefit from the facility as it is the only public library in Jamia Nagar locality.

### **'Study Point' Students Felicitated**

In a program organized by the Alhikmah Foundation to felicitate the students of its 'Study Point' who succeeded in their entrance examination, the chairman of Delhi Minority Commission, Mr. Safdar Husain Khan said, "Muslims should take full advantage of schemes run by the Minority Commission". He informed that an IIT is being



established in Ja'farabadf and Nand Nagari for benefit of minorities. Presidential address was delivered by ex-metropolitan magistrate, Mr. Jameel Murtaza. Prof. Ejaz Maseeh, Jamia Millia Islamia, delivered key-note address on this occasion.

Prof. Ejaz Maseeh congratulated the boy and girl students of the 'Study Point' and appreciated their determination to improve educational status of their compatriots. He said, "This is the importance of teaching profession that it is always a great and respectable profession and accordingly, it heaves a great responsibility on us. The reason is that positive performance of a teacher improves the performance of a whole generation whereas a teacher's mistake despoils many pupils." Prof Ejaz Maseeh informed the students regarding their future responsibilities and stressed on promotion of value-based education.

The chairman of the Alhikma Foundation, Dr Ziauddin Ahmad Nadvi gave the details of the Foundation's activities and shed light on its aims and objectives. He said, "Priority to education, restoration of positive values, economic struggle, and physical health are four basic elements of personality development. Therefore, every individual should recognize their significance and adore himself with these virtues." He presented mementos to respected guests, Mr. Safdar husain Khan, Jameel Murtaza, Prof. Ejaz Maseeh and Dr. Mushtaq Ahmad.

Appreciating the tasks undertaken by the Alhikmah Foundation, Mr. Jameel Murtaza said, "The Foundation has exhibited best model for social welfare during last 21 years and others should benefit from their experience." Mirza Zaki Beg, president, Ta'meer-e-Millat Foundation, and Mr. Wadood Sajid also participated in the program. Dr. Shakil Ahmad Falahi conducted the program and Syed Shu'ait Ahmad presented the vote of thanks.

## MARCHING AHEAD

### Dr. Rashidullah Khan Elected Vice-President of CCIM

In a program launched by the Alhikmah Foundation to highlight the importance of Ramadan al-Mubarak, the newly elected vice-president of Central Council for Medicine (CCIM) was given a warm reception in felicitation of his new responsibilities. The widely acclaimed Dr. Rashidullah Khan, has been a respectable member of the Alhikmah Foundation since long. The program was presided over by ex-metropolitan magistrate Mr. Jameel Murtaza.



Dr. Rashid is youngest vice president of CCIM elected uncontested to CCIM. Earlier, he has been a member and then an executive member of

the organization. On present occasion, Dr. Rashid Khan reiterated his resolve to attend all type of services at all times. Speaking on the occasion, the chairman of the Alhikmah Foundation said, "One should leave all expectations to the pleasures of our real Creator and Master." Mr. Jameel Murtaza presented a memento to Dr. Rashid.

### Alhikmah Foundation's Free Health Camp in Nautanwa (U. P.)

The Alhikmah Foundation organized a free health camp in Nautanwa under supervision of its Nautanwa coordinator Mr. Sagheer Ahmad. The camp inaugurated by the chief guest, Kunwar Kaushal Kishor Singh, MLA, was especially oriented to provide treatment through Unani system of medication.

Addressing the patients thronging in the camp, the chairman of the Alhikmah Foundation, Dr. Ziauddin Ahmad said, "Unani system is ancient and popular." Kunwar Kaushal Kishor Singh, MLA, added, "We need to continuously develop this system and therefore, common people should participate in such camps more and more." The organizer of the camp, Mr. Sagheer said, "Unani system greatly helps in treating complex diseases. Dozens of local residents benefited from the services offered at the camp.

## APPEAL

Being a totally charitable organization, the Alhikmah Foundation solely depends on public funding. Only generous and wholehearted donations from philanthropists and noble souls can support a mass movement launched by the Alhikmah Foundation to promote a healthy society based morals and values.

### Donations to the Alhikmah Foundation are Exempted from Income Tax u/s 80-G of IT Act

Kind-hearted and liberal citizens like YOU are requested to join hands with Alhikmah Foundation in its bid to promote Health, Education, Peace, Welfare and Cooperation and make the world a better place to live, especially for our less fortunate fellow beings.